

Divide for Heel: Use 1 or 2 colors only (approx. 34 sts.)

Work Stockinette Stitch or Heel Stitch (alternating colors) back and forth on half of the stitches for the height of the heel, 2-1/2 to 3"/6.4 to 7.6 cm, always slipping the first stitch of each row. End with a right side row.

Turn Heel: Still working on the heel stitches maintaining pattern, work back across one needle.

At the beginning of the next needle (WS), P3, P2tog, P1.

Turn. Work back to the beginning of the next needle; work 3 sts, SSK, K1.

Turn. Purl back to the beginning of the next needle, P4, P2tog, P1.

Turn. Knit back to the beginning of the next needle; work 4 sts, SSK, K1.

Continue in this manner decreasing one stitch on each row until all the stitches are worked. Ending on a right side row with all the heel stitches on one needle.

The Gusset: (At this point you begin working the Helix Stripe pattern again. Don't worry if the 3 colors are not evenly distributed over your needles,

the Helix stripe will still work).

Working with 3 colors in the Helix pattern again, pick up the slipped stitches on the side of the heel flap with one needle (I picked up approx. 18 sts each side) . Knit the instep stitches on one needle.

With another needle, pick up the same number of slipped stitches on the remaining side of the heel flap Knit 1 round. Knit to the beginning of needle holding the arch stitches, K1, SSK.

Knit to the last 3 stitches of the needle, K2tog, K1

Knit 1 round.

Continue decreasing on every other round until the sock measures one-inch less than your arch measurement. Knit without decreasing until the sock is at the top of your baby toe.

Toe: Be sure that the stitches are aligned with the heel stitches so that the decreases line up with the gusset decreases.

Work 1 or 2 colors to either match heel or have a contrast.

Round 1: Knit to 3 sts from the end of needle #2, K2tog, K1.

At the beginning of needle #3, K1, SSK. Knit to 3 sts from the end of needle #4, K2tog, K1. At the beginning of needle #1, K1, SSK.

Round 2: Knit.

Repeat these two rounds until there are half the number of stitches on the needles.

Continue to knit the decrease round every round until you have stitches equal to one-inch remaining.

Break the yarn leaving a 12"/30.5 cm tail. Divide the remaining toe stitches evenly on 2 needles. Graft the stitches

